

The Cougar Chronicle



Martha Cullimore Public School
 3155 St. Andrew St.
 Niagara Falls, ON L2J 2R7

Principal:
 T. Chilcott

Important Dates:

October

- 07 PA Day
- 10 Happy Thanksgiving Monday!
- 11 Cougar Cave Assembly for students
- 19 DSBN Cross Country
- 20 DSBN Cross Country rain date
- 31 Hollowe'en Parade

November

- 01 Photo Retakes
- 02 PIC Conference
- 12 Vendor Fair

Thankfulness

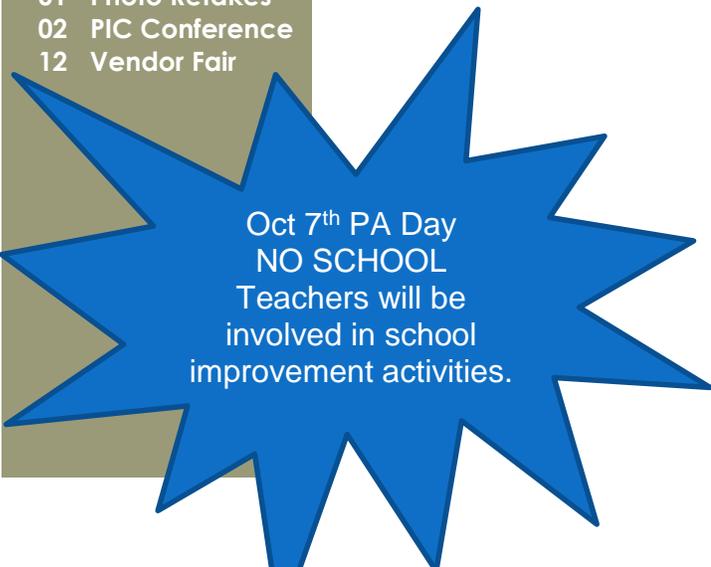
As we approach the time of year traditionally set aside for giving thanks, I reflect on all those things for which I am thankful at Martha Cullimore School. I see students building positive relationships and supporting one another. Parents invest liberally to create a vibrant school community, including School Advisory Council. Staff care for and believe in students, and work with them to reach their potential. We work together and have fun together. Thank you, also, Cougar Community, for your incredible support of our September book fair. We sold just over **\$2500** worth of books, earning us about \$1000 worth of new books for our library. Your support is greatly appreciated!

I Matter As An Individual

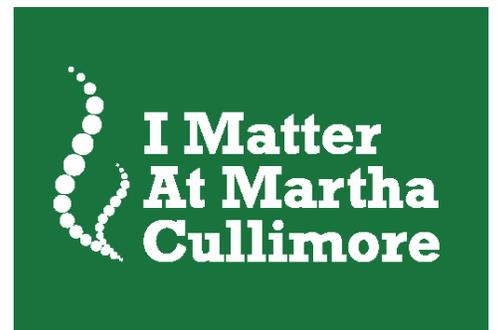
At the DSBN, we strive to show all students how they matter: as individuals, as learners and as community members. Our students learn about the ideals of good citizenship and how they can become active participants in building a stronger community, locally and globally. We invite you to discover more about **I Matter** by visiting dsbn.org/imatter.

Every individual who steps foot in our school matters, has worth and is valued for what they contribute to our school family. Martha Cullimore is a place where all cougars belong! It is our intent to strengthen this sense of worthiness and belonging as we wear our T-shirts at Colour House Huddles each month and go about our daily work at school. This month, we congratulated students across the school for their personal accomplishments. Keep shining brightly, Cougars!

TEACHER	STUDENT OF THE MONTH
K - Hollemans	Avery H, Mayla R, Matilda S
K - Brennan	Chloe E, James H, Natalie B
1 - Carnegie	Lena A, Charlie K, Zander R, Nicholas R
2 - Reid	Hayden H, Ayla K
3 - Niven	Riley E, Noah M
4 - Semerjian	Ethan A, Johnny B, Kalista R, Olivia V
4/5 - Fortuna	Jade H, Elliott M
6 - West	Ann J, Denice P



Oct 7th PA Day
 NO SCHOOL
 Teachers will be involved in school improvement activities.



School Advisory Council

Our first School Council meeting and elections were held on Tuesday, September 27th. Congratulations and many thanks to the following individuals for their leadership this year:

Mrs. S. Baka (Chair)
 Mrs. J. Shergold & Mrs. B. Labelle (Co-treasurers)
 Mrs. M. Aird
 Mr. M. Blakely
 Mrs. L. Blakely
 Mrs. K. Grant
 Mrs. J. Keskin
 Ms. J. Page
 Mrs. B. Roberts
 Mrs. S. Sarginson

Parents and community members have until Tuesday, October 18, 2016 to express their interest and complete a self-nomination form to become a voting member of our SAC this year. If you still wish to become a member, please download the September newsletter from our website and complete and submit to the office the self-nomination form by the 18th. Please join us for our 2nd meeting on **Tuesday, October 18 from 6:30 - 8:30 p.m. at A.N. Myer High School**. This is a joint meeting where we have an opportunity to meet with our family of schools in the Myer area, with a focus on Mental Health and Wellbeing. We will also meet separately as a school council for the last half hour. Non-members are welcome to attend but do not hold voting privileges. We are looking forward to an amazing year. Sincere thanks to Michael Blakely for his leadership on Council for the past school year.

The Council is planning on providing the following events for the community this year. We are confident that there will be something for everyone. Stay tuned for more details as the we near the dates.

Saturday, November 12th – Vendor Fair (fundraiser)
November 2nd – Parent Involvement Conference at Eden (see details at the end of this newsletter)
November 17th – Family Movie Night
December 20th – Bring-a-Mug Hot Chocolate Social and Sing Along
Jan/Feb – Family Style Spaghetti Dinner (fundraiser to be confirmed)
March 10 – Student Dance-a-Thon (fundraiser)
April – Trivia Night (fundraiser to be confirmed)

Photo Retake Day

Picture retakes will be taken at Martha Cullimore on **Tuesday, November 1, 2016**. Students who were absent for the September picture day should be prepared for this day along with anyone who would like to try again!



We Are Nut, Shellfish and Scent Aware

Please DO NOT send food to school that contains nuts or shellfish. We have students and staff with life-threatening allergies. It is our policy that students do not exchange or share food for the safety of all. If staff notice a student with a nut product or shellfish item in his/her lunch, the product will be taken to the office, disposed of, and exchanged for another preferable food.

In addition, we have students with sensitivities and allergies to artificial scents (perfumes, deodorants, colognes, body sprays, etc.). Kindly choose odorless options for hand creams, sanitizers and deodorants to allow every child to enjoy a comfortable learning environment.



Leaf and Garbage Bag Fundraiser

Thank you to everyone who supported our playground fundraiser. Bags will arrive at the school in about two weeks time, when they can be picked up. Look for the reminder as the time gets closer. The class with the highest sales is Mr. Fortuna with 150 orders. They will be awarded a leaf bag full of surprises! The top student sellers are Jenna O, Reece R, Chloe E, and Riley E. They will enjoy lunch with Mrs. Chilcott.

October is International Walk to School Month

Lace up your shoes or snap on those bike helmets for an active trip to school. If you live far from school, park a few blocks away and walk part of the trip. If you ride a bus take part by walking to your bus stop.

Here's a quick trivia question to have fun with at the dinner table tonight. Walking and wheeling to school can improve:

- A) Health
- B) Happiness
- C) Stress Level
- D) Grades
- E) Safety
- F) All of the above

If you said F, you're correct! Walking and wheeling to school has many benefits and those are just a few. (Source: activesaferoutes.ca)

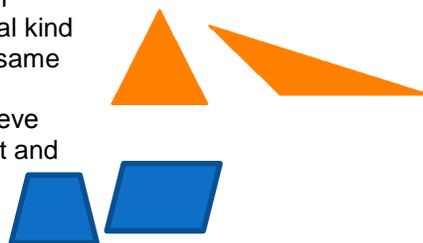
Tips to remember when walk or biking:

- Look left, right and left again when crossing the street
- Never run or dart out into the street or cross between parked cars
- Make eye contact with drivers before crossing in front of them and watch out for cars that are turning or backing up
- It's always best to walk on sidewalks or paths. If there are no sidewalks, walk facing traffic as far to the left as possible
- Cross streets at corners, using traffic signals and crosswalks
- Watch out for cars coming out of driveways and alleys
- If what you are doing has wheels, protect your brain – always wear a helmet
- When riding your bike, ride in the same direction as the cars are driving

Tips from www.parachutecanada.org

Traditional Shapes and Non-Traditional Shapes

When discussing rectangles, include squares as examples of rectangles. Explain that a square is a rectangle because it has four sides and four square corners but that a square is a special kind of rectangle because all four sides are the same length. By referring to squares as "square rectangles", you avoid having students believe that squares and rectangles are two distinct and unrelated categories of shapes.



Cross Country Runners

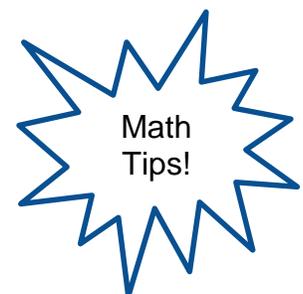
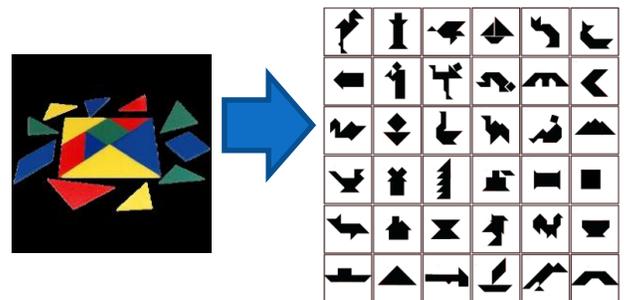
Congratulations to our team of runners who are making the Cougars proud in their efforts to reach a personal best! It is especially exciting to see students grow in endurance and cut seconds off of their personal times. Way to go, boys and girls! Our 2016-2017 Cross Country Team members are: Ethan A, Jayke A, Julia A, Owen A, Joseph B, Joshua B, Brianna C, Madison D, Damian G, Hudson G, Reegan H, Keira J, Evan L, Sean L, Manuel M, Deniz O, Lindsay P, Rylan P, Jackson R, Lana R, Jenna S, Jenna O., Roberta S, Jeffrey V, Ryan W, Jacob Z.



Special thanks to Mr. Fortuna for coaching.

Composing and Decomposing Shapes and Figures

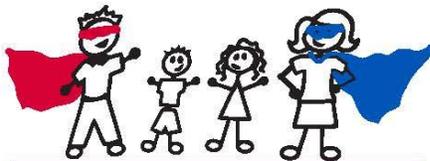
Students need to freely explore how shapes fit together to form larger shapes (compose) and how larger shapes can be taken apart into smaller shapes (decompose). *This ability to compose and decompose supports geometric measurement such as finding area, surface area, and volume.*



Hey Super Parents! **IT'S TIME TO REGISTER!**

Join us for an evening of learning with FREE workshops for DSBN parents

REGISTRATION, FOOD & CHILD CARE are FREE!



PARENT POWER!
DSBN PARENT INVOLVEMENT COMMITTEE CONFERENCE 2016

Mark It On Your Calendar:

WED. NOV. 2, 2016

4:00 pm - 8:15 pm at Eden High School
535 Lake St., St. Catharines

Register online at www.dsbn.org/pic
OR speak to someone in your school office for assistance

 **Early Bird Draw**

Register Before October 3, 2016
and you could WIN \$500 of support
for your School and School Council!



I Matter At DSBN

The DSBN Parent Involvement Committee invites you to join us for an evening of learning, sharing and networking with a focus on ideas for all DSBN parents and School Councils.

Session Topics Include:

Mental Health, Special Education, Mathematics, Kindergarten, Transitions to Secondary & Post Secondary... and so much MORE!

- 4:00 - 5:15** Light Dinner and Vendor Fair
Cafeteria and Gym AB
- 5:15 - 5:25** Opening Remarks
Cafeteria
- 5:45 - 6:45** 1st Session
- 6:45 - 7:15** Vendor Fair and Refreshments
Gym AB and Cafeteria
- 7:15 - 8:15** 2nd Session

Information about Child Care:

PRESCHOOL CHILDREN: Certified Early Childhood Educators will be available at Sven H. Dohnberg Centre. Enter the Eden High School parking lot (facing Lake St.), the child care centre is on the right.

SCHOOL AGE CHILDREN: Children will be supervised by qualified teachers in the Eden Gymnasium.

CHILD CARE IS AVAILABLE BY PRE-REGISTRATION ONLY.

- ★ Child care will be provided from 4:00pm to 8:15pm. ★
- ★ A light dinner will be provided for the children. ★



Register online at www.dsbn.org/pic

October Newsletter Draw

Congrats to the Purcer family who won September's draw! Their children have won a prize from the office.
What math tool do you use to help you find and understand patterns?

Family Name: _____

Children's Grades: _____